



at  
**West Orange  
Recreation Center**  
309 S. West Crown Point Rd.,  
Winter Garden, FL 34787

## Dance Fitness

# Tuesdays & Thursdays

# 6:30 - 7:30 p.m.

## \$25 per month

### Ages 18 & Up

Come check out JazzCo Fitness and experience one of the best dance fitness classes in Orlando. At JazzCo Fitness they specialize in FUN fitness and help you to lose weight to your favorite Hip-Hop, R&B, Reggae/Soca and Old School Jams!

For more information contact us at: 321-604-8395

JazzCoFitness@gmail.com

www.JazzCoFitness.com  @Facebook.com/JazzCoFitness



**407-254-9304 • www.OrangeCountyParks.net**

We embrace the power of diversity. Orange County Parks and Recreation does not discriminate against anyone on the basis of age, race, gender, national origin or disability. ANY SPECIAL NEEDS PLEASE CALL 407-836-6200.

