



ZUMBA®

WEST ORANGE RECREATION CENTER

309 S. West Crown Point Rd., Winter Garden, FL 34787

FITNESS

Ditch The Workout, Join The Party!

Mondays and Fridays

6:45 - 7:45 p.m.
with Cecy

**NO DANCE
EXPERIENCE
REQUIRED!**

*Bring Water, a sense of
fun and let's PARTY!*

\$20 per month

For ages 10 years old and up.

What is ZUMBA®? Its fun, easy international dance moves choreographed to international music. This "exercise in disguise" will leave you wondering whether it was a workout or a party!

Every class feels like a party!



407-254-9304 • OrangeCountyParks.net



We embrace the power of diversity. Orange County Parks and Recreation does not discriminate against anyone on the basis of age, race, gender, national origin or disability. ANY SPECIAL NEEDS PLEASE CALL 407-836-6200.

