

EMPLOYEE FITNESS



Orange County employees and their dependents, spouses and retirees are eligible to use the fitness rooms in any of our Parks and Recreation gymnasium locations:

Barnett Recreation Center

4801 W. Colonial Drive, Orlando, FL 32808

Monday - Saturday 8 a.m. - 8 p.m. • Sunday 1 p.m. - 8 p.m.

Goldenrod Recreation Center

4863 N. Goldenrod Road, Winter Park, FL 32792

Monday - Saturday 8 a.m. - 8 p.m. • Sunday 1 p.m. - 8 p.m.

Meadow Woods Recreation Center

1751 Rhode Island Woods Circle, Orlando, FL 32824

Monday - Saturday 8 a.m. - 8 p.m. • Sunday 1 p.m. - 8 p.m.

Silver Star Recreation Center

2801 N. Apopka Vineland Rd., Orlando, FL 32818

Monday - Saturday 8 a.m. - 8 p.m. • Sunday 1 p.m. - 8 p.m.

South Econ Recreation Center

3850 South Econlockhatchee Trail, Orlando, FL 32829

Monday - Saturday 8 a.m. - 8 p.m. • Sunday 1 p.m. - 8 p.m.

West Orange Recreation Center

309 S. West Crown Point Road, Winter Garden, FL 34787

Monday - Saturday 8 a.m. - 8 p.m. • Sunday 1 p.m. - 8 p.m.

Employees who wish to obtain a card for themselves need only present a current Orange County ID card at one of these six locations. You will be asked to log in to your MyOCInfo account to verify benefits status.

PeopleSoft will be used to verify the eligibility of spouse, dependents, and retired employees who are over the age of 16. Persons who do not appear in PeopleSoft are not eligible for membership. All eligible persons must complete a Parks and Recreation Registration Card and, if over 45 years of age, a completed Orange County Medical Clearance Form.

Retired employees, their spouses and employees and their spouses who are eligible for membership but work for the following agencies should contact their Human Resources Department to obtain an email verification:

- Orange Blossom Trail Development Board
- International Drive Master Transit & Improvement District
- Housing and Finance Authority
- Central Florida Research Park
- Supervisor of Elections
- Court Administration
- Comptroller
- Tax Collector
- Clerk of Courts
- Sherriff's Office
- Property Appraiser
- MetroPlan Orlando

All Parks and Recreation Center Gym locations are open Monday - Saturday 8:00 a.m. – 8:00 p.m. and Sunday 1:00 p.m. - 8:00 p.m.

Questions should be directed to the Gym where you plan on being a member.

