

2018 PREVENTIVE DRUG LIST



Preventive medications are used to prevent conditions like high blood pressure, high cholesterol, diabetes, asthma, osteoporosis, heart attack, stroke and prenatal nutrient deficiency.

Depending on your plan, you may not have to pay a copay, coinsurance (the percentage you pay after you meet your deductible) and/or deductible (the amount you pay before your plan starts to pay) for preventive medications.

How to read this drug list

This drug list includes the most commonly prescribed generic and brand-name preventive medications covered by your plan as of January 1, 2018.* Medications are listed alphabetically by the condition they treat.

- › Brand-name medications start with a capital letter, and generic medications start with a lowercase letter.
- › Some brand-name preventive medications have an generic equivalent available. For these medications, the generic will be listed in parenthesis next to the brand.
- › Some preventive medications are also considered specialty medications. Depending on your plan, specialty medications may be covered on a specialty tier (cost level) and may cost you more to fill. Log into **myCigna.com** or check your plan materials to find out how your plan covers specialty medications.

Lower-cost options

Your plan covers many preventive medications. You should ask your doctor if a lower-cost preventive medication may be right for you. Generic medications have the same strength and active ingredients as brand name medications, but often cost much less – in some cases, up to 80–85% less.**



This list is regularly updated and not all of the medications listed here may be covered by your specific plan. You should log into **myCigna.com** or check your plan materials to learn more about how your plan covers preventive medications. You can also use the Drug Cost tool to estimate how much your medications may cost.

* State laws in Texas and Louisiana require your plan to cover your medications at your current benefit level until your plan renews. This means that if your medication is taken off the drug list, is moved to a higher cost-share tier or needs approval, your plan can't make these changes until your renewal date. To find out if these state laws apply to your plan, please call Customer Service using the number on the back of your ID card.

** U.S. Food and Drug Administration (FDA) website, "Facts About Generic Drugs." Retrieved 08/01/17.

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Preventive Drug List

Asthma related

Accolate (zafirlukast)
Advair Diskus
Advair HFA
albuterol
aminophylline
Anoro Ellipta
Arcapta Neohaler
Atrovent HFA
Breo Ellipta
Brovana
budesonide
Cafcit
caffeine and sodium benzoate
caffeine citrate
Combivent Respimat
cromolyn solution
fluticasone-salmeterol
Incruse Ellipta
ipratropium
ipratropium-albuterol
levalbuterol
levalbuterol HFA
metaproterenol
montelukast
Perforomist
ProAir HFA
ProAir RespiClick
Pulmicort Respules (budesonide)
Pulmicort Flexhaler
QVAR
Serevent Diskus
Singular (montelukast)
Spiriva
Spiriva Respimat
Stiolto Respimat
Striverdi Respimat
Symbicort
terbutaline
Theo-24
Theocron
theophylline
Ventolin HFA (albuterol sulfate)
Xolair
Xopenex (levalbuterol)
zafirlukast
zileuton ER

Blood pressure related

Accupril (quinapril)
Accuretic (quinapril HCl/hctz)
acebutolol
acetazolamide
Adalat CC (nifedipine)
Adrenalin vial

Afeditab CR
Aldactazide (spironolactone/hctz [25-25 mg only])
Aldactone (spironolactone)
Altace (ramipril)
amiloride
amiloride-HCTZ
amlodipine
amlodipine-atorvastatin
amlodipine-benazepril
amlodipine-olmesartan
amlodipine-valsartan
amlodipine-valsartan-HCTZ
Atacand (candesartan)
Atacand HCT (candesartan/hctz)
atenolol
atenolol-chlorthalidone
atorvastatin
Avalide (irbesartan/hctz)
Avapro (irbesartan)
Azor (amlodipine/olmesartan)
benazepril
benazepril-HCTZ
Benicar (olmesartan)
Benicar HCT (olmesartan/hctz)
Betapace AF (sotalol AF)
betaxolol
bisoprolol
bisoprolol-HCTZ
Brevibloc
bumetanide
Bystolic
Byvalson
Caduet (amlodipine/atorvastatin calcium)
Calan (verapamil)
Calan SR (verapamil)
candesartan
candesartan-HCTZ
captopril
captopril-HCTZ
Cardene I.V.
Cardizem LA (diltiazem HCl)
Cardura (doxazosin mesylate)
Cardura XL (doxazosin mesylate)
Cartia XT
carvedilol
Catapres (clonidine HCl)
Catapres-TTS (clonidine)
chlorothiazide
chlorthalidone
Cleviprex
clonidine
Clorpres
Coreg (carvedilol)

Coreg CR
Corgard (nadolol)
Corlopam
Corzide (bendroflumethiazide/nadolol)
Cozaar (losartan potassium)
Demadex (torsemide)
Demser
Diamox Sequels (acetazolamide)
Dibenzylamine (phenoxybenzamine)
diltiazem
diltiazem CD
diltiazem ER
Dilt-XR
Diovan (valsartan)
Diovan HCT (valsartan/hctz)
Diuril
dopamine
doxazosin
Dutoprol
Dyazide (triamterene/hctz)
Dyrenium
Edarbi
Edarbyclor
enalapril
enalaprilat
enalapril-HCTZ
Epaned
epinephrine auto-injector
eplerenone
eprosartan
esmolol
ethacrynate
Exforge (amlodipine/valsartan)
Exforge HCT (amlodipine/valsartan/hctz)
felodipine ER
fosinopril
fosinopril-HCTZ
furosemide
guanfacine
Hemangeol
hydralazine
hydrochlorothiazide
Hyzaar (losartan/hctz)
indapamide
Inderal LA (propranolol HCl)
Inderal XL
Innopran XL (propranolol HCl)
Inspra (eplerenone)
irbesartan
irbesartan-HCTZ
isradipine
Isuprel
labetalol

Blood pressure related

(continued)

Lasix (furosemide)
Levophed
lisinopril
lisinopril-HCTZ
Lopressor (metoprolol tartrate)
Lopressor HCT (metoprolol/hctz)
losartan
losartan-HCTZ
Lotensin (benazepril HCl)
Lotensin HCT (benazepril HCl/hctz)
Lotrel (amlodipine besylate/
benazepril)
Matzim LA
Mavik (trandolapril)
Maxzide (triamterene/hctz)
methazolamide
methyclothiazide
methyldopa
methyldopa-HCTZ
methyldopate
metolazone
metoprolol
metoprolol ER-HCTZ
metoprolol-HCTZ
Micardis (telmisartan)
Micardis HCT (telmisartan/hctz)
Microzide (hydrochlorothiazide)
Minipress (prazosin HCl)
minoxidil
moexipril
moexipril-HCTZ
nadolol
nadolol-bendroflumethiazide
Neptazane (methazolamide)
nicardipine
nifedipine
nifedipine ER
nimodipine
nisoldipine
Nitropress
norepinephrine
Norvasc (amlodipine besylate)
Nymalize
olmesartan
olmesartan-amlodipine-HCTZ
olmesartan-HCTZ
perindopril erbumine
phenoxybenzamine
phentolamine
pindolol
prazosin
Prestalia
Prinivil (lisinopril)
Procardia (nifedipine)
Procardia XL (nifedipine)

propranolol
propranolol ER
propranolol-HCTZ
Qbrexelis
quinapril
quinapril-HCTZ
ramipril
Sodium Diuril
Sodium Edecrin
sodium nitroprusside
Sorine
sotalol
sotalol AF
Sotylize
spironolactone
spironolactone-HCTZ
Sular (nisoldipine)
Tarka (trandolapril/verapamil)
Taztia XT
Tekturna
Tekturna HCT
telmisartan
telmisartan-amlodipine
telmisartan-HCTZ
Tenoretic (chlorthalidone/atenolol)
Tenormin (atenolol)
terazosin
Tiazac (diltiazem)
timolol
Toprol XL (metoprolol succinate)
torsemide
trandolapril
trandolapril-verapamil ER
triamterene-HCTZ
Tribenzor (olmesartan/amlodipine/
hctz)
Twynsta (telmisartan/amlodipine)
valsartan
valsartan-HCTZ
Vaseretic (enalapril maleate/hctz)
Vasotec (enalapril maleate)
Vecamyl (mecamylamine HCl)
verapamil
verapamil ER
verapamil ER PM
verapamil SR
Verelan (verapamil)
Verelan PM (verapamil)
Zestoretic (lisinopril/hctz)
Zestril (lisinopril)
Ziac (bisoprolol/hctz)

Blood thinner related

Aggrastat
Aggrenox (aspirin/dipyridamole ER)
argatroban
aspirin-dipyridamole ER
Brilinta

cilostazol
clopidogrel
Coumadin (warfarin)
dipyridamole
Durlaza
Effient
Eliquis
eptifibatide
Integrilin
Jantoven (warfarin)
Plavix (clopidogrel bisulfate)
Pradaxa
Reopro
Savaysa
warfarin
Xarelto
Zontivity

Cholesterol related

Altoprev
atorvastatin
cholestyramine
cholestyramine light
Colestid (colestipol HCl)
colestipol
Crestor (rosuvastatin calcium)
ezetimibe
ezetimibe-simvastatin
fenofibrate
fenofibric acid
Fibricor (fenofibric acid)
fluvastatin ER
fluvastatin
gemfibrozil
Lescol (fluvastatin HCl)
Lescol XL (fluvastatin ER)
Lipochol Plus
Lipofen (fenofibrate)
Livalo
Lopid (gemfibrozil)
lovastatin
Lovaza (omega-3 acid ethyl esters)
niacin ER
Niacor
Niaspan (niacin ER)
omega-3 acid ethyl esters
Pravachol (pravastatin)
pravastatin
Prevalite
Questran (cholestyramine/sucrose)
Questran Light (cholestyramine/
aspartame)
rosuvastatin
simvastatin
Tricor (fenofibrate)
Triglide
Trilipix (fenofibric acid)
Vascepa

Cholesterol related

(continued)

Vytorin
Welchol
Zetia (ezetimibe)
Zocor (simvastatin)

Diabetes related

acarbose
Actoplus met (pioglitazone HCl/
metformin HCl)
Actoplus met XR
Actos (pioglitazone HCl)
alogliptin
alogliptin-metformin
alogliptin-pioglitazone
Amaryl (glimepiride)
Avandia
Basaglar
Bydureon
Byetta
chlorpropamide
Cycloset
Duetact (pioglitazone/glimepiride)
Farxiga
glimepiride
glipizide
glipizide ER
glipizide XL
glipizide-metformin
Glucophage (metformin HCl)
Glucophage XR (metformin HCl)
Glucotrol (glipizide)
Glucotrol XL (glipizide)
Glucovance (glyburide/metformin)
glyburide
glyburide micronized
glyburide-metformin
Glynase (glyburide micronized)

Glyset (miglitol)
Glyxambi
Humalog
Humulin
Janumet
Janumet XR
Januvia
Jardiance
Kombiglyze XR
Levemir
metformin
metformin ER
miglitol
nateglinide
Onglyza
pioglitazone
pioglitazone-glimepiride
pioglitazone-metformin
Prandin (repaglinide)
Precose (acarbose)
repaglinide
repaglinide-metformin
Riomet
Soliqua
Starlix (nateglinide)
SymlinPen
Synjardy
Synjardy XR
tolazamide
tolbutamide
Tresiba
Trulicity
Xigduo XR
Xultophy

Log into myCigna.com or check your plan materials to learn more about how your plan covers diabetes-related preventive medications.

Osteoporosis related

Actonel (risedronate sodium)
alendronate
Atelvia (risedronate sodium)
Binosto
Boniva (ibandronate sodium)
calcitonin-salmon
etidronate
Evista (raloxifene)
Forteo
Fosamax (alendronate sodium)
Fosamax Plus D
ibandronate
Miacalcin (calcitonin-salmon)
pamidronate
Prolia
raloxifene
Reclast
risedronate
Tymlos
Xgeva
zoledronic acid
Zometa

Prenatal Vitamins

All prescription strength prenatal vitamins are considered preventive

Check your plan materials for formulary placement of branded prenatal vitamins



Cigna reserves the right to make changes to this drug list without notice. Your plan may cover additional medications; please refer to your enrollment materials for details. Cigna does not take responsibility for any medication decisions made by the doctor or pharmacist. Cigna may receive payments from manufacturers of certain preferred brand medications, and in limited instances, certain non-preferred brand medications, that may or may not be shared with your plan depending on its arrangement with Cigna. Depending upon plan design, market conditions, the extent to which manufacturer payments are shared with your plan and other factors as of the date of service, the preferred brand medication may or may not represent the lowest-cost brand medication within its class for you and/or your plan.

Health benefit plans vary, but in general to be eligible for coverage a drug must be approved by the Food and Drug Administration (FDA), prescribed by a health care professional, purchased from a licensed pharmacy and medically necessary. If your plan provides coverage for certain prescription drugs with no cost-share, you may be required to use an in-network pharmacy to fill the prescription. If you use a pharmacy that does not participate in your plan's network, your prescription may not be covered, or reimbursement may be limited by your plan's copayment, coinsurance or deductible requirements. Certain features described in this document may not be applicable to your specific health plan, and plan features may vary by location and plan type. Refer to your plan documents for costs and complete details of your plan's prescription drug coverage.

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