



Commission on Aging NEWSLETTER

June 2017 Issue

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Did you know...

Elder abuse is significantly underreported? One study in New York found that for every elder abuse case known to programs and agencies, another 24 cases were unknown. This same study found one in 13 older adults living in New York had been a victim of at least one form of elder abuse in the preceding year.



Another study found that people with dementia are at a greater risk of elder abuse. Various studies have shown the prevalence rates for abuse and neglect in people with

Feature of the Month



**WORLD ELDER ABUSE
AWARENESS DAY**

Want to learn how to protect yourself from elder abuse and exploitation?

Attend the 11th annual World Elder Abuse Awareness Day

Symposium, June 16 from 8:15 a.m. to 1 p.m. at the Community United Methodist Church, 4921 S. US Highway 17-92, Casselberry 32707.

This year's topic is "Breaking the Silence of Elder Abuse." Free and open to the general public, with 3.5 CE's for licensed nurses, social workers and nursing home administrators. [See flyer](#) or [register now](#). For more information, contact Mimi at 407-254-9277.

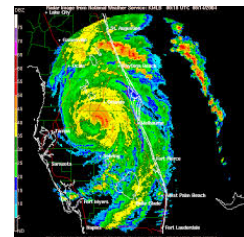
Local News & Events [\(go to top\)](#)

Legal Aid Seminar

Legal Aid Society of the Orange County Bar Association is hosting a free informational seminar on legal consumer issues that often plague older adults. The seminar is June 1 at 10:30 a.m. at the Pine Hills Community Center, 6408 Jennings Road - Building B, Orlando 32808. [See flyer](#).

Hurricane Expo

Orange County kicks off Hurricane Season with its annual Hurricane Expo on June 3 from 9 a.m. to 1 p.m. at the Magic Gym located in the South Econ Community Park, 3850 S. Econlockhatchee Trail, Orlando 32829. Talk one on one with emergency responders and safety vendors, get tips on how to prepare for a hurricane and pick up your free preparedness items (while supplies last.) [See flyer](#) or call 407-836-9140 for more information. Hurricane Season runs from June 1 to Nov. 30.

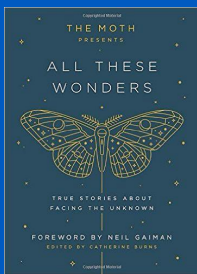


Pine Hills Seniors

dementia range from 27.5 percent to 55 percent.

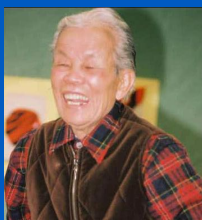
A different study found that family members were the most common perpetrators of financial exploitation of elders (57.9 percent), followed by friends and neighbors (16.9percent), followed by home care aides (14.9 percent). [Learn more](#) at the National Center on Elder Abuse or attend the World Elder Abuse Awareness Day Symposium on June 16.

[The Moth Presents All These Wonders: True Stories About Facing the Unknown](#)



Foreword by Neil Gaiman

Article of Month



When it comes to life expectancy in America, not all counties are created



Orange TV captured the 10th anniversary celebration of Pine Hills Seniors, Inc., a nonprofit focused on helping seniors stay active, independent and involved.

[Watch video](#) to view their special accomplishments. Or [check out](#) the Pine Hills Seniors website to learn more about this positive aging group!

Caregiver College

Lori Daiello, a Geriatric Psychopharmacologist, will speak on "Medications and Supplements" at the next Caregiver College presentation, June 12 from 5:30 to 7 p.m. at the Dr. P. Phillips Hospital, 9400 Turkey Lake Road, Orlando 32819. Registration is required. To RSVP, call 800-272-3900. [See flyer.](#)

Financial Fitness

AARP is hosting an interactive Financial Health Workshop designed to help you manage debt, build assets and identify and meet your financial goals. The free workshop is June 24, from 9 a.m. to 1:30 p.m., Winter Park Community Center, 721 W. New England Ave., Winter Park 32789. [See flyer.](#) RSVP 877-926-8300.



State & National Information ([go to top](#))

Older Workers



From 1970 until the end of the 20th century, older workers - which the Bureau of Labor Statistics defines as age 55 and older - made up the smallest segment of

the labor force. By 2024, it's projected the total labor force will grow to about 164 million people, of which about 41 million laborers will be ages 55+ and 13 million will be age 65+. [Read more](#) from the *Older Workers: Labor Force Trends and Career Options* report. For more data, [read report](#) by The Urban Institute on *Occupational Projections for Low-Income Older Workers*.

Income Allowances Report

Nearly half of low-income and moderate-income households headed by adults ages 65 and older would have to reduce their spending upon enrollment in Medicaid Home and Community-Based Services waiver programs to prevent their expenses from exceeding their income. This is because the program's income allowances would not be large enough to cover what they would otherwise spend. This was one of several conclusions by the Urban Institute in *The Adequacy of Income Allowances for Medicaid Home and Community-Based Services* report. [Read more.](#)

equal

On average, a child born in 2014 can expect to live 79.1 years in the United States. However, that doesn't apply equally across the country. In central Colorado's Summit County, life expectancy was 86.8 years, while in South Dakota's Oglala Lakota County, it was only 66.8 years - a difference of 20 years.

[Read LA Times](#) article or [learn more](#) at the University of Washington's Institute for Health Metrics and Evaluation.

Additional Articles

NY Times

[We're Bad at Death. Can We Talk?](#)

[More Older Couples are 'Shacking Up'](#)

[A Medicare Drug Incentive That Leads to Greater Hospitalizations](#)

[Baby Boomers Look to Senior Concierge Services to Raise Income](#)

USA Today

[Pinching pennies on Social Security? Maybe not](#)

Washington Post

[Baby boomers join 'aging-at-home villages' for yoga, happy hour, cooking](#)

U.S. Senate Hearing



The United States Senate Special Committee on Aging held a hearing on "Aging With Community: Building Connections that Last a Lifetime" on May 17. To watch this hearing, [click here](#). Note: Hearing begins at the 15:27 mark.

Liquid Savings

AARP's report on *Liquid Savings of Working Households Ages 50-64* finds that among those in the labor force, older households are more likely than younger households to have some minimal level of liquid savings in a formal account, such as a checking or savings account. However, more than a third of pre-retirees - defined as households with members in the workforce who are between the ages of 50 and 64 - have less than \$2,000 in liquid savings. [Read report](#).

Commission on Aging Activities [\(go to top\)](#)

[LIFE Information for Elders Seminar Series - FREE](#)

Top 20 Senior

Websites: Thursday, June 15, 12:10 - 1 p.m., Downtown Orlando Library, 101 E. Central Blvd., 3rd Fl., Palm / Magnolia

Rooms., Orlando. Lunch for first 50 who RSVP either by [email](#) or call 407-836-7446. See full [Spring 2017 schedule](#) (January - June.)



Tip From May's Seminar: Retired? Avoid Missteps in Asset Usage & Financial Estate Planning - "As we plan for retirement, many people end up with multiple stocks and multiple statements. The key is to know what you own and why you own it. The same is true for your liabilities - know what you owe and why you owe it." - *Crockett Bohannon, Raymond James Financial Services.*

[Elder Ambassadors in Your Community](#)

Meet an Elder Ambassador at Orange County's Hurricane Expo, June 3 from 9 a.m. - 1 p.m., Magic Gym, in the South Econ Community Park, 3850 S. Econlockhatchee Trail, Orlando 32829. [Learn more](#) !



[Orange TV Senior Programs](#)



Orange TV has an entire senior webpage dedicated to covering informative topics on health and wellness, medical, caregiver information and more! Watch the Vital Living Forum at [www.orangetvfl.net](#). For shows prior to May 2015, visit [www.orangetv1.net](#).

[classes and biking](#)

[When there's a complaint about a nursing home, these volunteers can help](#)

Kaiser Health News

['Boot Camp' Helps Alzheimer's, Dementia Caregivers Take Care Of Themselves, Too](#)

[Like Hunger Or Thirst, Loneliness In Seniors Can Be Eased](#)

[Drug Coverage Denied By Medicare? How Seniors Can Fight Back](#)

PBS News Hour

[Many seniors who qualify for home-based care under Medicare aren't receiving it. Why?](#)

ProPublica

[America's Other Drug Problem](#)

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Featured Shows

[For 'New York Times' Obit Writers, 'Death Is Never Solicitous Of A Deadline'](#)

Fresh Air's Terry Gross talks with Bruce Weber and Margalit Fox about the thousands of obituaries they have written for the New York Times. Their subjects have ranged from celebrities, heads of state and the inventor of Stove Top stuffing to the inventor of the Etch-a-Sketch. Both Weber and Fox are featured in the new documentary "Obit" about *The New York Times* obituary department. [Listen now](#). (36.45 mins)

[Is It Time For Hearing Aids To Be Sold Over The Counter?](#)

Americans with hearing loss often ignore the loss of hearing, in part because hearing aids are an unwelcome sign of aging. But what if hearing aids looked like stylish fashion accessories and could be bought at your local pharmacy like reading glasses? One hurdle is the Food and Drug Administration does not allow hearing aids to be sold over the counter. [Listen now](#) to Patti Neighmond's story on *Morning Edition*. (4:00 mins)



[Republicans Scrap Rule For Small-Business Retirement Plans](#)

Chris Arnold from *Morning Edition* discusses Senate Republicans' vote on May 3 to rescind an Obama-era policy that allows states to offer retirement savings plans to millions of workers. [Learn more](#). (3:37 mins)



Orange County Office on Aging

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