# Orienteering at Moss Park







Hosted by FLO (Florida Orienteering)

# **Moss Park and Split Oak Forest**

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CO 00

Paved road Dirt road Vehicle track Trail Narrow trail Less distinct trail

Narrow ride or cutline Building, fence Uncrossable fence

Ruined fence Contour

Form line, slope line Steep bank Earth wall

Dry ditch Knoll, small knoll Depression

Shallow depression, pit Marsh Indistinct marsh Uncrossable marsh

Pond, lake Open land, fast running Open land, rough running

Open land with sc. trees Rough open with sc. trees Forest, fast running Forest, slow running Forest, difficult to run

Forest, difficult to walk Undergrowth: slow running Undergrowth: slow running Distinct vegetation change

Open sandy area Parking area Out of Bounds

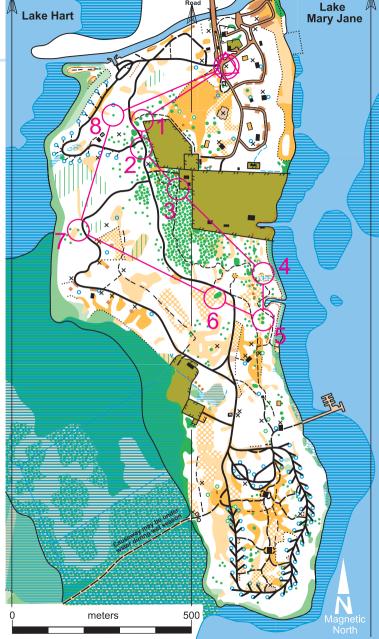
Stream Seasonal stream Narrow marsh cairn

### SPECIAL SYMBOLS

Distinct, large thicket Distinct tree, root stock Water spigot

Other man made object Scattered thickets











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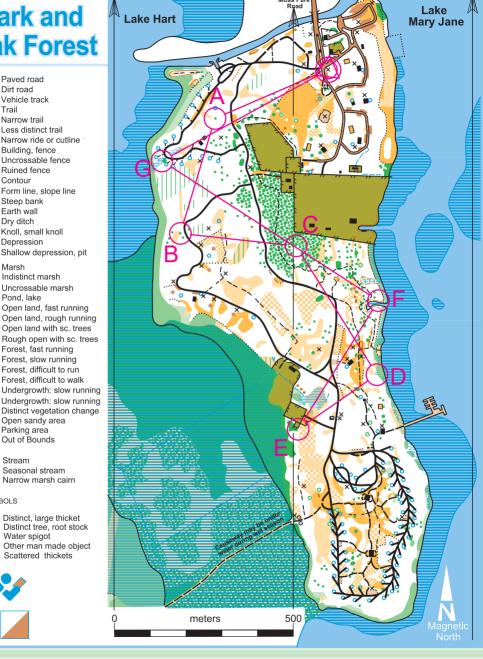
Undergrowth: slow running Distinct vegetation change Open sandy area Parking area Out of Bounds

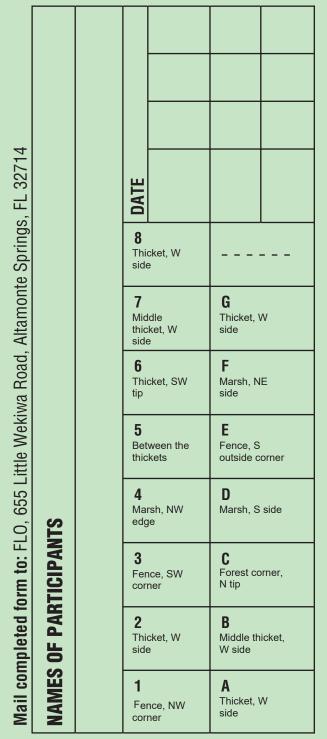
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# **ORIENTEERING**

### WHAT IS IT?

Orienteering is a sport of Scandinavian origin. The game's objective is to locate fairly easy-to-find markers, called "controls", in the forest with the aid of a map and, if you like, a compass. The challenge arises from participants not knowing the locations of the markers beforehand. The test lies in determining the best routes between the marker locations and in the sport's competitive form, in finding all these points (called controls) in the least possible time. At its best, not only does orienteering improve your knowledge of geography and practical navigation, it enhances physical and mental fitness as well.

Orienteering is a sport for a lifetime, for people of all ages, abilities, and sexes. Participants may travel alone or in groups, running or strolling, to win the contest or to merely savor nature's beauty, which, as any orienteer will attest, winning itself. The sport provides ideal family recreation.

## **INSTRUCTIONS**

- 1. This Moss Park orienteering course offers two variations, one for beginning novices and one for the more advanced. The Beginner's Course controls are numbered 1 through 8. The Advanced Course controls are lettered A through G.
- 2. Familiarize yourself with the map before you begin. Note the fields, roads and features visible from the starting kiosk and relate them to the features shown on the map. This

familiarization is easier if you hold the map flat in front of you and rotate it until it is "oriented" to the terrain. Magnetic North line on the map will help if you have a compass but you will find that the map is detailed enough that you should not need one for these courses.

3. Set out to visit the controls on the selected course in sequence. You will be starting and finishing at the kiosk defined by the red double circle overlaying the red triangle. The controls themselves will be at the exact center of the red circles printed on the map. Upon reaching each control, record the two number code printed on the marker post in the box provided on the control card portion of this brochure. (see illustration). You might also want to time yourself, using the start and finish spaces provided.

As an example, consider an imaginary control #9. Suppose it is marked on the map like so:



Referring to the map legend, you note that the control location – the exact center of the circle – seems to be a crossing of two paths. To check the terrain feature on which the control is located (it could be the pit instead), consult the description provided and find the control locations precisely described as follows:



Suppose, after a fairly challenging and satisfying amount of navigation, you finally arrive at the vicinity of control #9. To

your delight, you sight it precisely where it should be – at the path junction.



Taking a closer look, you notice the 'orienteering' decal at the top.

Taking an even closer look you find the control identification number, "9" and a two-number combination. This combination (87 in the example) is the control code. Recording this

code in the appropriate box on your control card you provide proof of your visit to the control for later verification.

That's it! You're off to the next control, and so on to the Finish at the kiosk.



### **CERTIFICATION**

When you finish either course, having located and recorded all the correct control codes, you may obtain an official certificate of course completion from FLO. To do so, go to www.floridaorienteering.org, where you will find instructions on how to obtain the Certificate on-line. Alternatively, you submit the detachable portion of this brochure, with the correct control numbers written in, and send it to the provided address. The website also has much more information on orienteering worldwide plus the dates of upcoming local events.

Congratulations and thank you for participating.

# WWW.FLORIDAO

### **SAFETY NOTE:**

At the pace of a slow stroll, either course can be completed in 60 to 90 minutes. It might be wise to take this into account when setting off toward dusk. Pace yourself so that you can complete the course before the Park closes.

### **SAFETY NOTE:**

Park areas may contain hazards not normally encountered. Be responsible for you and your group's safety.

### **COURTESY NOTE:**

A few areas are marked on your map as 'off limits" because they are Ranger residences. Please respect their privacy. If you encounter Park Staff during your visit to Moss Park and have enjoyed your orienteering event, please let them know how much you appreciate their support.

F·L·O·R·I·D·A ORIENTEERING



# ENTEERING.ORG

#### CREDITS

Fieldwork 2006: Ales Hejna, Vendula Hejnova

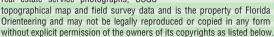
Cartography: Ales Heina

Fieldwork 1997-2004: Joe Brautigam, Mark Adams, Richard Detwiler

Basemap: Joe Brautigam, Mark Adams

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### **ABOUT THESE MAPS**

This map of Moss Park has been produced with the gracious cooperation of the staff of Moss Park and the Orange County Parks and Recreation Division.

Adjoining areas are private property. Possession of this map does not confer right of access. Please respect the rights of land owners. In addition, ranger residences are OFF LIMITS, so please respect their privacy.

#### WHAT IS ORIENTEERING?

Orienteering is a recreational activity and competitive sport for people of all ages. It involves finding your way through unfamiliar terrain with the aid of a detailed topographical map. Using navigational skills and a compass to keep yourself oriented, you are free to select and follow the route you deem to be the best between designated points on a course marked solely by a series of distinctive flags located at each point. Florida Orienteering hosts public events on a monthly basis at one of several Central Florida venues. Everyone is always welcome at FLO events. Participate individually, or hike with a group. Instruction for first-timers is always available. No pre-recistration required.



