

## Swimming Instruction and Water Safety Resources

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### *Cardiopulmonary Resuscitation (CPR) Instruction*



- Learn CPR
- American Red Cross of Central Florida
- American Heart Association

### *Water Safety Resources*



- Central Florida YMCA
- American Red Cross of Central Florida
- U.S. Consumer Products Safety Commission
- National Safe Kids Campaign
- Center for Disease Control and Prevention
  - Fact Sheet on Drowning
- Drowning Information
- Kids' Stuff - Let's Play Safe
- U.S. Coast Guard
- 2-1-1 Community Resources and Elder Help line
- National Children's Center for Rural Agricultural Health & Safety
- National Pool & Spa Institute
- The Doctor Will See You Now
- Lifesaving Society