

CORONAVIRUS (COVID-19)

Prevention Information from the CDC



Wash hands often with soap and water for 20 seconds or use

hand sanitizer (at least 60% alcohol) if soap and water is not readily available.



Do not touch your face and cover all coughs and sneezes with

a tissue or your sleeve.



Cover your cough or sneeze with a tissue.



For proper handwashing, **Have plenty of disposable**

paper towels (NOT cloth hand towels) or air dryers.



Clean and disinfect commonly touched areas

(doorknobs, surfaces etc.).



Work now to create "work from home protocols"

for staff members who may be ill with respiratory or related illness.



Follow the CDC guidelines for wearing a mask when

out in public. It's equally as important to practice good social distancing. Stay home unless essential travel is needed.



Stay home if you are sick (except if you need medical attention).

Also, avoid close contact with people who are sick.